



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09507, Fruit juice smoothie, NAKED JUICE, MIGHTY MANGO

Report Date: June 30, 2017 06:03 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	83.46	--	--	--	--	--	--	--	--	Calculated or imputed	09176	04/2014
Energy	kcal	63	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Energy	kJ	262	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Protein	g	0.42	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Ash	g	1.12	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2014
Carbohydrate, by difference	g	15.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Sugars, total	g	12.50	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Minerals													
Calcium, Ca	mg	8	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Iron, Fe	mg	0.15	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Potassium, K	mg	142	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Sodium, Na	mg	4	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamins													
Vitamin C, total ascorbic acid	mg	2.5	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamin A, IU	IU	2083	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014